



Full service fundraising offering Italian subs and sandwiches since 2005

## Large Whole Grain All Cheese Sub

<b>Nutrition Facts</b>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	2 servings per container	<b>Total Fat</b> 22g	<b>29%</b>	<b>Total Carbohydrate</b> 39g
<b>Serving size</b> <b>187 1/2 g</b>	Saturated Fat 12g	<b>61%</b>	Dietary Fiber 4g	<b>13%</b>
<b>Calories 440</b> <b>per serving</b>	<i>Trans Fat</i> 0g		Total Sugars 5g	
	<b>Cholesterol</b> 55mg	<b>18%</b>	Includes 0g Added Sugars	<b>0%</b>
	<b>Sodium</b> 1060mg	<b>46%</b>	<b>Protein</b> 23g	
	Vitamin D 0mcg 0% • Calcium 560mg 45% • Iron 2.5mg 15% Potassium 160mg 4% • Vitamin A 110mcg 10% • Vitamin C 1mg 0%			

INGREDIENTS: MULTI GRAIN ROLL (Wheat Flour, Whole Wheat Flour, Water, Salt, Cane Sugar, Oats, Sunflower Seeds, Millet, Flax Seeds, Cracked Wheat, Yeast, Soy Shortening, Dough Conditioner (wheat flour, corn flour, L-cysteine, ascorbic acid, enzymes), Calcium Propionate), PROVOLONE CHEESE (Pasteurized Milk, Cheese Culture, Salt, Enzymes), WHITE AMERICAN CHEESE (Cultured Milk and Skim Milk, Whey, Salt, Sodium Citrate, Modified Food Starch, Sodium Phosphate, Sorbic Acid (preservative), Lactic Acid, Enzymes, Soy Lecithin (non-sticking agent)), TOMATOES (Plum, Sliced), LETTUCE (Shredded), YELLOW ONIONS (Sliced), MAYONNAISE (Soybean Oil, Water, White Distilled Vinegar, Corn Syrup, Egg Yolks, Salt, Calcium Disodium EDTA (to protect flavor))

CONTAINS: EGG, MILK, SOY, WHEAT

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