

Full service fundraising offering Italian subs and sandwiches since 2005

Large Ham Sub

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
	Total Fat 15g	20%	Total Carbohydrate 45g	16%
	Saturated Fat 6g	29%	Dietary Fiber 2g	6%
2 servings per container	Trans Fat 0g		Total Sugars 7g	
Serving size 198 3/4 g	Cholesterol 50mg	16%	Includes 0g Added Sugars	0%
	Sodium 1230mg	53%	Protein 21g	
Calories 390 per serving		Vitamin D 0mcg 0% • Calcium 150mg 10% • Iron 3.1mg 15% Potassium 130mg 2% • Vitamin A 50mcg 6% • Vitamin C 1mg 0%		

INGREDIENTS: LARGE ROLL (Wheat Flour (wheat flour bleached, enriched), Water, Salt, Cane Sugar, Yeast, Vegetable Shortening (soy oil) Dough Conditioner (wheat flour, corn flour, potassium bromate, L-cysteine, ascorbic acid, enzymes), Calcium Propionate), COOKED HAM (Water, Sugar, Salt, Contains Less than 2% of Dextrose, Sodium Phosphate, Potassium Chloride, Sodium Erythorbate, Sodium Nitrite, Sodium Ascorbate), TOMATOES (Plum, Sliced), WHITE AMERICAN CHEESE (Cultured Milk and Skim Milk, Whey, Salt, Sodium Citrate, Modified Food Starch, Sodium Phosphate, Sorbic Acid (preservative), Lactic Acid, Enzymes, Soy Lecithin (non-sticking agent)), LETTUCE (Shredded), YELLOW ONIONS (Sliced), MAYONNAISE (Soybean Oil, Water, White Distilled Vinegar, Corn Syrup, Egg Yolks, Salt, Calcium Disodium EDTA (to protect flavor)), Contains 2% or less of: OREGANO

CONTAINS: EGG, MILK, SOY, WHEAT

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